

NEWSLETTER

September 2023

Drumconner Care Home, 20 Poole Road, BH4 9DR - 01202 761420



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Editor's Desk



Hello Residents, Families and Friends!

We have had an amazing August, despite the weather!

We have had some great activities taking place, particularly with trips out – especially the boat trip around Poole Harbour!

In September, we look forward to the air show weekend, more singers and trips out!

Behind the scenes we are continuing to move over to a new electronic care planning system, which will be much easier for you all to access and keep up to date with what you/your loved ones have been up to! We are hoping that you will have access over the next few weeks to this system!

We have a relatives meeting on the 14th of September at the Home at 19:00. It would be lovely to see as many of you as possible!

We hope you have a wonderful September!

Hannah Guyan

September Trivia

September marks the beginning of the series of months named after their numerical position in the year! September was the seventh month of the year in the Roman Calendar!

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Forget-Me-Not**

Quote of the Day

Real change, enduring change, happens one step at a time.

Ruth Bader Ginsburg

Month in Review



Violinist!

We welcomed Mark Anstead to come to play his violin to our residents! The residents loved hearing Mark play and we will definitely be inviting him back again!

Boat Trip!

We have taken some of our residents for a Boat Trip around Poole Harbour, courtesy of The Friends of Dolphin! Our residents have loved the sea breeze, being on the open waters and sightseeing around the Harbour!



Month in Review



Boat Trip!



Trip Out to Motorcycle Museum



Entertained by Phil Cowan!



Trip Out to the pub!



Trip Out to Hengistbury Head!



Entertained by The Real Deal!

Upcoming Events

Trip Out – Air Show

1st September 11:00

Singer – Phil Cowan

10th September 13:30

Singer – Nick Sellars

13th September 11:00

Movie Afternoon

21st September 13:30

Residents Meeting

26th September 13:30



Regular Events

Thai Chi every other Tuesday at 15:15

Church Service every Sunday at 10:30

Hairdresser every other Wednesday from 12:00

Bingo! Every Monday at 10:30

Trips out! Every Friday with Tracy, Paul and the minibus!

Special Days

- 4th Organ Donation Week
- 5th International Day of Charity
- 8th World Physiotherapy Day
- 13th Positive Thinking Day
- 18th National Cheeseburger Day
- 19th Talk Like a Pirate Day
- 21st World Alzheimer's Day
- 22nd Autumnal Equinox
- 23rd Sign Language Day
- 29th Sukkot
- 30th International Rabbit Day

September Birthdays

In September, we celebrate birthdays with:

Stephen M

Graham P

Terry C



Estee Lauder, Beauty Founder, 1st September 1908

Kitty Carlisle Hart, Actress, 3rd September 1915

Jesse James, Outlaw, 5th September 1847

Buddy Holly, Musician, 7th September 1936

Prince Harry, Duke of Sussex, 15th September 1984

Adam West, Actor, 19th September 1929

Bruce Springsteen, Singer, 23rd September 1949

Jim Henson, Puppeteer, 24th September 1936

T.S. Eliot, Poet, 26th September 1888

Buddy Rich, Jazz Drummer, 30th September 1917

Virgo (Aug 22 – Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

Libra (Sep 23 – Oct 23)

Libras are known for their charm, beauty and well-balanced personalities.

WOW!

September in History: Christmas Songs

On September 16th 1857, the words and music to the famous Christmas Song 'Jingle Bells' were registered by Oliver Ditson and Company under the title 'One Horse Open Sleigh.'

A Poem to Share

Oh! I have slipped the surly bonds of earth
And danced the skies on laughter-silvered wings;
Sunward I've climbed, and joined the tumbling mirth
Of sun-split clouds - and done a hundred things
You have not dreamed of - wheeled and soared and swung
High in the sunlit silence. Hov'ring there
I've chased the shouting wind along, and flung
My eager craft through footless halls of air.
Up, up the long delirious, burning blue,
I've topped the windswept heights with easy grace
Where never lark, or even eagle flew -
And, while with silent lifting mind I've trod
The high untresspassed sanctity of space,
Put out my hand and touched the face of God.



Somewhere over England in 1944,
Flying Officer Fred Jones, RCAF flies his
Supermarine Spitfire XI PR. Photo courtesy Jones Family

Noticeboard



NEW RESIDENTS

A very warm welcome to:

Paul (Leo)

Lance

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also to the people who joined our team in the month! We hope that you enjoy your time here!

- Naomi
- Alfie
- Lorna
- Loretta
- Peculiar

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

Elizabeth (Maud)

Tina C

Patrcia S

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside the Recreation Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime at bourne-mouth@drumconner.co.uk

Thank you!

Noticeboard



LIBRARY SERVICE

The library service now come and attend the Home on a monthly basis! Please come to the quiet lounge or discuss with Tracy if you would like to see the selection! The library also takes requests if you have anything in mind!

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every other Wednesday. If you would like an appointment with Sarah, please talk to reception or ask a staff member to write your name down on the list for the hairdresser.

CHIROPODIST

The Chiropodist comes and visits the home every six weeks. If you would like to see Marion to get treatment, please liaise with Amanda at reception, who can book you in to the next session.

STAFF MEMBER OF THE MONTH

As voted for by residents, relatives and staff – Kathleen (Team Leader) has been voted as Staff Member of the Month! Congratulations Kathleen and we hope to see you again soon!

PHYSIOTHERAPIST

Our in-house physiotherapist (Suzanna) attends the home twice a week. If you have a goal in mind that you would like to reach, please let the staff know so we can ask Suzanna to come and see you!

Laughing Matters



Too Many Figurines

A young girl watched her grandmother move several duck figurines from the bottom shelf to the middle shelf of a cabinet. The grandmother picked up one of the ducks and then set it down on the middle shelf. She picked up another duck figurine from the bottom shelf and set it beside the first duck. She continued moving the ducks from one shelf to the next.

Finally, she stood back and looked at the cabinet.

"Hmm..." She moved back to the cabinet and began moving the ducks onto the top shelf.

"Grandma," the little girl finally spoke, "what are you doing?"

"I'm just trying to get my ducks in a row," the grandmother answered.

It's About Time

The elderly congregation was perplexed when the preacher pulled out a pocket watch and threw it to the end of the room. It slammed into the wall and fell to the floor in pieces, but the watch kept ticking.

"What does this demonstration tell you about life?" The preacher challenged the congregation.

A man in the back slowly stood up, leaning on his cane. He stared down at the ticking clock.

"Well, preacher, I suspect this watch shows that time flies and stops for no one."

Spotlight – Geoff Brown

I was born in Poole in 1937. One of five children, having one sister and three brothers. I attended Longfleet Infants and Middle School. As it was the last part of the war, if the sirens went off, pupils had to walk from the school up to the green area across from the pub, as there were underground bunkers. Being young boys, we didn't understand so we were more excited than scared! Next, I went to Pool Grammer School for boys. My main interest was in agriculture so my first job was working for government research, testing different grasses on cattle and looking at digestion near Maidenhead. In my early twenties, I was called up for national service. I was sent to Wilmslow for basic training, where we did a lot of square bashing (marching for those who don't know!). Then I was placed in the RAF as an Air raider



Mechanic in Yatesbury. I was then sent to Eladam in Libya, which was an airfield in the desert. We lived in tents – my tent number was 15 which is what room I am in now! After just 18 months, I was allowed to return home early due to it being the end of national service. While there we visited cemeteries where British, German and Italian Soldiers were buried. I got to see King Idris along with his six wives come through the airfield. The best thing I came away from the whole experience with was the comradery. We were a band of brothers! I'm still in contact with one of the guys today. We stayed with the Salvations Army in Bengarsey, who looked after us very well, until flights back to Britain were sorted. Although they flew us home, we still had to buy our own ticket to return. If you had no ticket, you couldn't get back! On returning, I was able to get a job working for the Ministry of Defense Labs as an assistant in Holton Heath. Later moving to Christchurch to work for Mexie Soil Labs, which the government sold to private companies in 1960. My next job was working for Wessex Water, measuring water flows and levels. I was in charge of the instruments from Dorset to Wiltshire.

I have two wonderful daughters, but my marriage came to an end. Later, I was lucky to meet Anne. Anne fast became an important part of our family. We met in 1980 and got married in 1984. Due to Anne's ill health, I became her carer and gave up work. We have been blessed with grandchildren, who bring us joy and light into our lives. We've made many friends around the world that we keep in contact with. With Anne needing more help than I could give, we came to Drumconner, where I would visit most days. When my health declined, there was only one place I wanted to be, which was Drumconner! We couldn't be happier here and have been lucky to have made new friends here!

In Focus - Air Show

The popular Bournemouth Air Festival, which started in 2008, was not the first aviation event to be held in Bournemouth. Dorset History Centre holds records of an international aviation meeting that took place in Southbourne over 100 years ago.

In 1910 Bournemouth was celebrating its centenary and, as part of the festivities, held an aviation meeting at Southbourne Aerodrome where 19 competitors could compete for cash prizes. Categories included longest flight, speed, altitude and slowest speed. The world speed record at the time was just 47 mph. Not very quick when you consider today's record is 4473 mph.



Kathleen Durden, a young Dorchester woman, attended the meeting and kept a copy of her programme for the meeting in her 'Sentimental Book', which is now held at the Dorset History Centre. Kathleen jotted notes in the programme recording the prize winners, but her notes also reveal the risks taken by these pioneers of flight. Britain's first powered flight had only taken place 2 years earlier.

Here are some excerpts from her notes: "Boyle 'accident on Sat: concussion of brain', Christiaens accident with passenger, neither hurt but aeroplane smashed', Rawlinson accident on Thursday 14th broke leg and shoulder. Rolls killed on Tuesday 12th [July] 1910".



Although Kathleen does not mention him, another competitor, Edmond Audemars, also crashed during the meeting.

'Rolls' was Charles Stewart Rolls co-founder of Rolls-Royce and this was Britain's first fatal air-crash. The accident is now commemorated by a plaque, placed at the site of the crash, now St Peter's School sports ground.

The most successful pilot at the meeting was Leon Morane who won over £3,500, which would be like winning £200,000 today. Not bad for a day's work.