

DRUMCONNER

NEWS

June 2023

Drumconner Care Home, 20 Poole Road, BH4 9DR - 01202 761420

June is

**LGBTQ+
Pride
Month**

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Editor's Desk



Hello Residents, Families and Friends!

We have had an amazing and fun packed May! We have enjoyed celebrating King Charles III coronation, visits from Mr. Kellogg's the miniature horse, as well as a host of entertainers and activities!

In June, we will be having even more fun by celebrating Pride Month with our residents, a cheese and wine tasting and much more!

A relatives meeting has been booked for Monday 5th of June at 18:00 via TEAMS! A link will have been sent to the email address we have as a contact but if anyone else would like to attend, please email Amanda at bourne-mouth@drumconner.co.uk so that we can forward you the link!

I hope you all have a wonderful June!

Hannah Guyan

June Trivia

June was most likely named for the Roman goddess Juno, patroness of marriage and the well-being of women!

Zodiac signs: **Gemini and Cancer**
Birthstone: **Pearl**
Flower: **Rose**

Quote of the Day

Never give up. Today is hard, tomorrow will be worse, but the day after tomorrow will be sunshine.

Jack Ma

Month in Review

Coronation

Tracy put on some marvelous decorations for the coronation of King Charles III. The residents had a lovely lunch and were able to raise a glass to the New King, whilst watching the coronation on the big screen!



Mealtimes at Drumconner

This month we have amended the way in which we complete mealtimes to ensure that the residents are given a restaurant like feel to their meals! This includes the use of 'show plates' for residents to choose their meals and staff members eating and chatting with the residents for meals. The residents have given excellent feedback so far!

Staff Yoga!

As part of Mental Health Awareness Week, the staff at Drumconner completed their first weekly yoga session! Thank you to the staff who joined in, and we hope to see you again every Friday!



Month in Review



Resident's Bingo!



Residents card making!



Happy Nurses Day 12th of May 2023!



Visit from Mr. Kellogg's!



Serenaded by Phil Cowan!



Drumconners beautiful garden!

Upcoming Events

Wine and Cheese Tasting Event

Thursday 1st of June at 13:30

D-Day Commemorations

Tuesday 6th of June at 10:00

Steve Linn - Singer

Friday 9th of June at 13:30

Nick Sellars - Singer

Monday 12th of June at 11:00

Pride Party!

Tuesday 20th of June at 11:00

Residents Meeting

Thursday 29th of June at 13:30



Regular Events

Thai Chi every other Tuesday at 15:15

Church Service every Sunday at 10:30

Hairdresser every other Wednesday from 12:00

Bingo! Every Monday at 10:30

Special Days

- 4th National Cheese Day
- 6th D-Day
- 8th World Ocean Day
- 15th World Elder Abuse Awareness Day
- 18th Father's Day
- 18th International Picnic Day
- 21st Summer Solstice
- 21st International Yoga Day
- 22nd World Rainforest Day
- 27th National Bingo Day
- 28th Eid al-Adha

June Birthdays

In June, we celebrate birthdays with:

Graham S



- 01/06/1926 – Marilyn Monroe (actress)
- 01/06/1937 – Morgan Freeman (actor)
- 09/06/1781 – George Stephenson (locomotive inventor)
- 10/06/1922 – Judy Garland (singer/actress)
- 12/06/1929 – Anne Frank (holocaust victim)
- 14/06/1864 – Alois Alzheimer (psychiatrist)
- 16/06/1951 – Roberto Duran (boxing champion)
- 18/06/1942 – Paul McCartney (singer/musician)
- 22/06/1949 – Meryl Streep (actress)
- 28/06/1941 – Henry VIII (King of England)

Gemini (May 21 – June 20)

Geminis are smart-witted. They try to gain knowledge and information on every subject they can!

Cancer (June 21 – July 22)

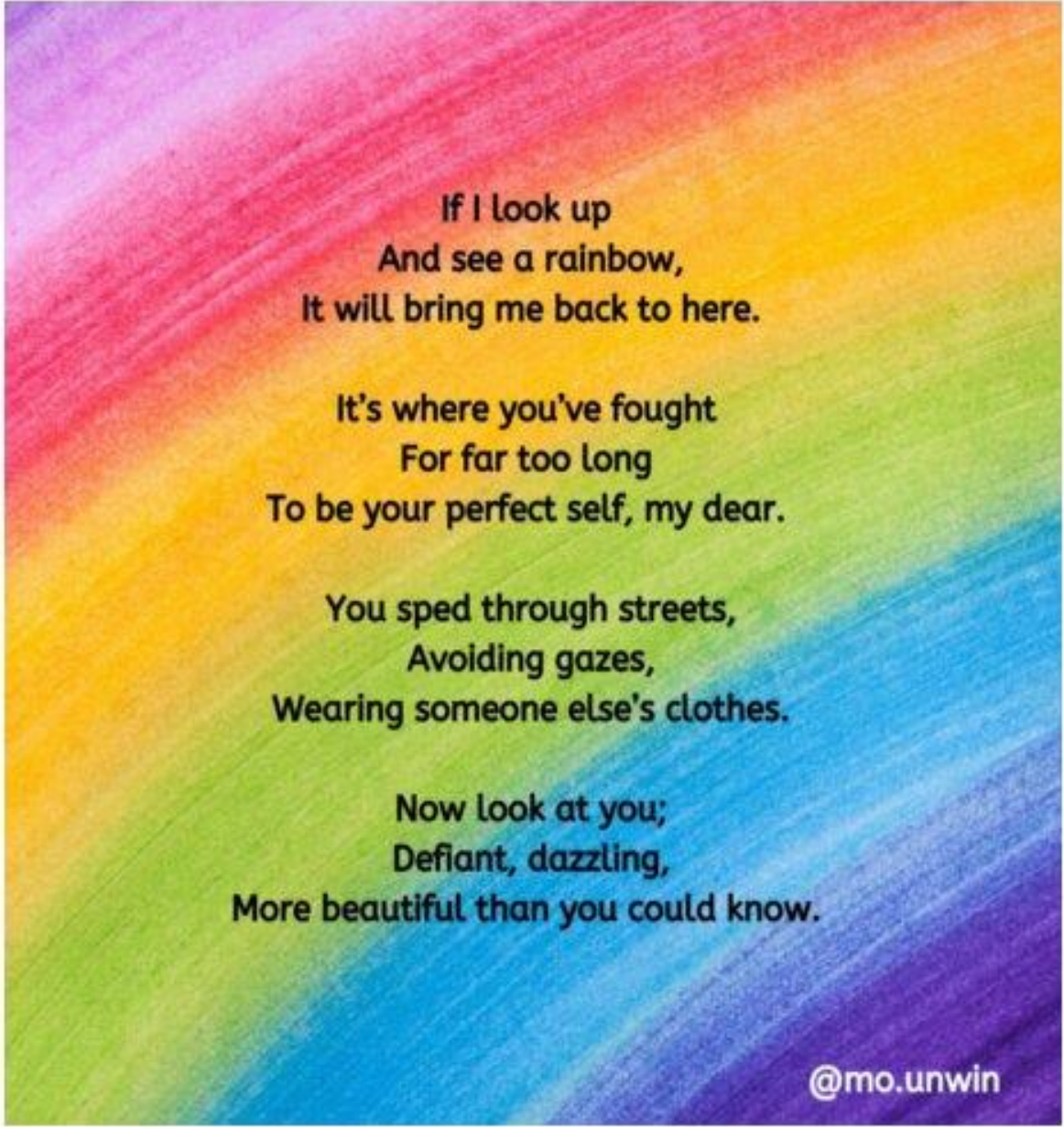
Nurturing and loyal, Cancers are also protective of their loved ones!

WOW!

Famous June Inventions: Vacuum cleaner

On the 5th of June 1869, Ives McGaffey patents a carpet sweeping machine! Ives realised that the modern housewife did not want to spend hours sweeping rugs and created a machine that created suction with a hard crank! Although the invention was lightweight and compact, the cranking mechanism wasn't easy to use, and the \$25 price tag was out of reach of most customers!

A Poem to Share



If I look up
And see a rainbow,
It will bring me back to here.

It's where you've fought
For far too long
To be your perfect self, my dear.

You sped through streets,
Avoiding gazes,
Wearing someone else's clothes.

Now look at you;
Defiant, dazzling,
More beautiful than you could know.

@mo.unwin

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Graham H

We hope you enjoy your stay with us!

NEW STAFF

A warm welcome to the people who joined our Drumconner team in the past month!

Danah – HCA on days

We hope that you enjoy your time here with us!

IN MEMORIAM

We are fortunate that none of our residents have passed in the last month.

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside at Reception. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome!

Please hand in your submission to reception, let Tracy (activities) know you would like to contribute, or email us anytime!

Thank you!

Noticeboard



LIBRARY SERVICE

I have been in contact with Westbourne Library, and I am pleased to say that the library service should be returning to Drumconner! We will keep you posted as to when they are due to come!

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we appreciate your time and energy!

HAIRDRESSER

We have a hairdresser who attends every other Wednesday. If you would like an appointment, please talk to reception or ask a staff member to write your name down on the list for the hairdresser.

CHIROPODIST

The Chiropodist comes and visits the home every six weeks. If you would like to see Marion to get treatment, please liaise with Amanda at reception, who can book you in to the next session.

STAFF MEMBER OF THE MONTH

As voted for by residents, relatives and staff – Jo K (Head of Houskeeping) has been voted as Staff Member of the Month for all of her hard work! Congratulations Jo!

PHYSIOTHERAPIST

Our in-house physiotherapist (Suzanna) attends the home twice a week. If you have a goal in mind that you would like to reach, please let the staff know so we can ask Suzanna to come and see you!

Laughing Matters



A sweet grandmother telephoned St. Joseph's Hospital. She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?" The operator said, "I'll be glad to help, dear. What's the name and room number of the patient?" The grandmother in her weak, tremulous voice said, "Norma Findlay, Room 302." The operator replied, "Let me put you on hold while I check with the nurse's station for that room." After a few minutes, the operator returned to the phone and said, "I have good news. Her nurse just told me that Norma is doing well. Her blood pressure is fine; her blood work just came back normal and her Physician, Dr. Cohen, has scheduled her to be discharged tomorrow." The grandmother said, "Thank you. That's wonderful. I was so worried. God bless you for the good News." The operator replied, "You're more than welcome. Is Norma your daughter?" The grandmother said, "No, I'm Norma Findlay in Room 302. No one tells me anything!"

A man and woman had been married for more than 60 years. They had shared everything. They had talked about everything. They had kept no secrets from each other, except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about.

For all of these years, he had never thought about the box, but one day, the little old woman got very sick and the doctor said she would not recover.

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside.

She agreed that it was time that he should know what was in the box. When he opened it, he found two crocheted dolls and a stack of money totalling £95,000.

He asked her about the contents. "When we were to be married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I ever got angry with you, I should just keep quiet and crochet a doll."

The little old man was so moved; he had to fight back tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

"Honey," he said, "that explains the dolls, but what about all of this money? Where did it come from?"

"Oh," she said. "That's the money I made from selling the dolls."

Spotlight – Paul Whetstone

So, my story began on 9th of May 1956 when I was born in Kingston Hospital London.

My schooling years were at Infant School Ambleside Ave, then Junior School on Ashley Road in Walton on the Thames. At the age of 15, I attended Sixth Form College in Chetsey. After leaving school at the age of 18, I went onto London University to study Math's and Physics, where I managed to get a degree. My next journey took me to St Mary's College where I study to be a teacher in Twickenham. At the age of 21 I began teaching in a South London Secondary School and stayed for the next 3 years. At this time, I wanted a



new challenge! I found a job working for Instron in High Wycombe. My job was writing software programs in communication, long before the internet came along! I wrote many new software programs to enable banks to switch from one computer to another.

Two of my most favourite places are Dubai (for the nightlife!) and Iran (because of the artwork). Before my 30's I began my first company selling programs to the Middle East. Over the next few years, I had other businesses and had members of staff. One was in Highcliffe.

I met Nicola in Westbourne. Then we later moved to a village in West Dorset called Batcombe. Before meeting Nicola (my Wife), I had a 42-foot sailing boat, and we enjoyed many trips sailing on it. We went to Cornwall and France to name a few.

Sadly, my stroke brought an end to our traveling and even when retired, I still liked to help with programs from time to time.

My interests now are watching documentaries on television about anything that can keep my brain active!

Thank you to Paul for sharing your story!

If you would like to be featured in any future newsletters, please let Tracy know!

In Focus - History of LGBTQ Pride

Since 1970, the LGBTQ community has marked June as Pride month! A time to celebrate what it means to be lesbian, gay, bisexual, and/or transgender while demanding equality and liberation from cis and heteronormative constraints. Pride parades and marches, which are traditionally held on the last weekend in June, commemorate the anniversary of the Stonewall Uprising, a watershed moment in the LGBTQ history when patrons of the Stonewall Inn, a gay bar in Manhattan that is now a national monument, fought back against a police raid.

Brenda Howard was a leading bisexual rights activities and feminist who was an instrumental figure in America's early LGBTQ+ rights movement. Brenda was heavily involved in planning the march in New York to commemorate the one-year anniversary of the Stonewall riots.

Howard and a committee also planned a number of events that continued over the course of a week. That powerful movement birthed a new tradition in New York and the city's Pride movement still thrives to this day. Howard is often referred to as the 'Mother of Pride' due to her trailblazing work in the area.



The rainbow flag, now a symbol of the LGBTQ community, first appeared in the 1970's. Harvey Milk, the openly gay San Francisco city supervisor, tasked artist and activist Gilbert Baker with creating a symbol for the day community to use in place of the pink triangle, which Nazi Germany forced gay men to wear in concentration camps. Baker created the first Pride flag in 1978, dyeing the fabrics himself!