
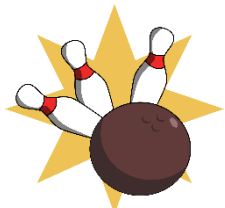





ACTIVITIES

18th July

MONDAY (18TH)	Discussion group with Carol  In the lounge	11AM	Games with Carol  In the garden (weather permitting)	2PM
TUESDAY (19TH)	Exercises with Peter  In the lounge	11:30AM	Crafts with Sherona  In the dining room	2PM
WEDNESDAY (20TH)	Trivia with Sherona  In the lounge	11:30AM	Games with Sherona  In the Lounge	2PM

THURSDAY (21st)	Exercises with Peter  In the lounge	11:30AM	Quiz with Carol  In the lounge	2PM
FRIDAY (22ND)	Games with Carol  In the garden (weather permitting)	11AM	Cheese and wine tasting  In the dining room	2:30PM
SATURDAY (23RD)				
SUNDAY (24TH)	Trivia with Carol  In the lounge	11AM	Exercises with Carol  In the lounge	2:30PM

Week commencing: 18th July 2022